



AFTER WORKOUT PUNCH

INGREDIENTS

- Scotsman Brilliance® Gourmet Ice cubes
- ¼ cup sugar
- ¼ tsp salt
- ¼ cup hot water
- ¼ cup fresh-squeezed orange juice (not concentrate)
- 2 tbsp fresh-squeezed lemon juice
- 3 ½ cups water (remainder from tea kettle)

DIRECTIONS

1. For water that is practically free from impurities, fill a tea kettle with Brilliance Gourmet Ice cubes.
2. Place over medium-high heat and bring to a boil. Let sit for a moment or two.
3. To a pitcher, add the sugar, the salt and ¼ cup of the hot water and stir well.
4. Add juices and remaining water.
5. Stir well.
6. Chill for 30 minutes.
7. For pure hydration, serve over crystal-clear Brilliance Gourmet Ice cubes.

Scotsman
The Ideal Ice®