PINEAPPLE BANANA BREAKFAST SMOOTHIE

INGREDIENTS

- 1 cup Scotsman Brilliance® Nugget Ice
- 1 medium banana, ripe and sliced
- 1 cup pineapple chunks
- 1 cup plain Greek yogurt
- 1 medium lime, zested
- 1 medium lime, juiced
- 2 tsp honey or maple syrup
- Add chia seeds, flaxseeds or granola as optional nutritional supplements
- Banana slices and pineapple chunks as garnish. Or drizzle with honey.

DIRE<u>CTIONS</u>

1. In a blender, add the banana, pineapple, lime zest, lime juice, Greek yogurt and honey (if using) and mix well.

2. Add Scotsman Brilliance Nugget Ice to the mixture.

3. Continue mixing until smooth and creamy.

4. Pour into a glass and garnish...adding the chia seeds, flaxseeds, granola, or anything else that sounds good.

5. Good morning, Sunshine.

