STRAWBERRY LIME Electrolyte Slushy

INGREDIENTS

- 2 cups Scotsman Nugget Ice
- 2 cups unsweetened coconut water
- 6 medium strawberries
- 1 tsp 100% Pure Raw Organic Honey
- ¼ tsp lime juice
- 1/8 tsp pink Himalayan salt

DIRECTIONS

1. In a blender, add the Nugget ice, coconut water, strawberries, honey, lime juice and salt.

2. Blend on high until everything is mixed well.

3. Add more Nugget Ice until desired consistency is achieved.

4. Pour into a glass.

5. Crunch, munch and chomp your way to optimal hydration by replacing vital minerals and electrolytes not found in water.



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